

Recommended Resources on the Christian Faith Especially for Teens and Young Adults¹

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BOOKS

- Childers, Alisa. *Another Gospel? A Lifelong Christian Seeks Truth in Response to Progressive Christianity*. Carol Stream, IL: Tyndale Momentum, 2020. Former member of the popular music group ZOEgirl, the author describes her intellectual journey as she wrestles with attempts by professing Christians that unacceptably compromise fundamental biblical truth.
- Conway, Bobby. *Doubling Toward Faith: The Journey to Confident Christianity*. Eugene, OR: Harvest House, 2015. Doubt can lead to confusion, hopelessness, and despair. But this book shows that doubts can also deepen your dependence on God, develop your sense of empathy for others, and motivate you to find satisfying answers to life's biggest questions.
- Dembski, William, and Michael Licona, eds. *50 Evidences for God: Arguments for Faith from the Bible, History, Philosophy, and Science*. Grand Rapids, MI: Baker, 2010. Offers short essays on questions of philosophy, science, Jesus, and the Bible.
- Geisler, Norman and Frank Turek. *I Don't Have Enough Faith to be an Atheist*. Wheaton, IL: Crossway, 2004. A larger book (400 pages) that is still understandable for older teens. It makes a great point: it takes a lot of faith to reject the existence of God. It covers many questions (e.g., about God, design, first life, new life forms, miracles, Jesus, the New Testament, Jesus' resurrection, and who Jesus was and is). 452 pp.
- Habermas, Gary. *Dealing with Doubt*. Chicago, IL: Moody Press, 1990; and *The Thomas Factor: Using Your Doubts to Draw Closer to God*. Nashville, TN: Broadman and Holman, 1999. Both of these helpful books on doubt are available from the author on his website for free at <http://www.garyhabermas.com/books/books.htm>.
- Horner, David A. *Mind Your Faith: A Student's Guide to Thinking and Living Well*. Downers Grove, IL: InterVarsity Press, 2011. Especially for university students, the book's three sections address Mind, Faith, and Character. It also offers a topically arranged Appendix of many valuable resources.
- Kinnaman, David, and Mark Matlock. *Faith For Exiles: 5 Ways for a New Generation to Follow Jesus in Digital Babylon*. Grand Rapids, MI: BakerBooks, 2019. Using extensive research, the book offers five practices that can help disciples of Jesus thrive as exiles in digital Babylon. These include: (1) form a resilient identity and experience intimacy with Jesus; (2) develop the muscles of cultural discernment; (3) forge meaningful intergenerational relationships; (4) train for vocational discipleship; and (5) curb entitlement and self-centered tendencies by engaging in countercultural mission.
- Knopp, Richard A. *Truth About God: What Can We Know and How Can We Know It?* RENEW, 2021. A short book (about 100 pages) that discusses (1) the biblical basis for truth; (2) challenges to knowing truth about God; (3) how we can know truth about God (with helpful insights on dealing with doubt); and (4) what truths we can know about God's existence, character, actions, word, and power. Six short videos offer highlights on the book. See <https://roomfordoubt.com/truth-about-god/>.

¹ These resources (books, websites, and videos) should help younger Christians deal with questions about the Christian faith, whether for themselves or for someone else. Many books are available in cheaper digital versions. A separate document is available on Christianity and Science along with other resources at www.roomfordoubt.com/recommended-resources.

- Knopp, Richard A. "Where Will We Go Without God?" *Christian Standard* 149 (June 2014): 38-40. Online at <http://christianstandard.com/2014/06/where-will-we-go-without-god/>.
- Koukl, Gregory. *Tactics: A Game Plan for Discussing Your Christian Convictions*. 10th Anniversary Ed. Grand Rapids, MI: Zondervan, 2019. Koukl demonstrates how to artfully regain control of conversations, keeping them moving forward in constructive ways through thoughtful diplomacy. You'll learn how to turn the tables on questions or provocative statements. Most important, you'll learn how to get people thinking about Jesus. *Tactics* provides the game plan for communicating the compelling truth about Christianity with confidence and grace.
- Kruger, Michael. *Surviving Religion 101: Letters to a Christian Student on Keeping the Faith in College*. Wheaton, IL: Crossway, 2021. The book provides 15 chapters on a variety of topics (e.g., smart professors, pluralism, Christian morality and tolerance, homosexuality, hell, suffering, science, Christ's resurrection, the Bible, contradictions in the Gospels, copying errors in Scripture, the Bible canon, whether the Bible advocates oppression or genocide, how to handle doubts).
- Lennox, John. *Can Science Explain Everything?* London: The Good Book Company, 2019. The book dispels some common misconceptions about science and Christianity. It rightly contends that they are not opposed; they must both be utilized to give a fuller understanding of the universe and the meaning of human existence.
- Lennox, John. *Seven Days that Divide the World: The Beginning According to Genesis and Science*. Grand Rapids, MI: Zondervan, 2011. Lennox is a professor of mathematics at Oxford. This book includes chapters on the scope and limits of science, matters of design, evolution, the origin of life, and the genetic code and role of information.
- Lennox, John. *Against the Flow: The Inspiration of Daniel in an Age of Relativism*. Grand Rapids, MI: Monarch Books, 2015. An insightful study of Daniel and his young friends who had the strength and conviction to stand for God and to swim against the flow of culture. Much to learn for today!
- McDowell, Sean, ed. *CSB Apologetics Study Bible for Students*. 2nd ed. Holman Bible Publishers, 2017. A study Bible designed to encourage students to ask tough questions, get some answers, and strengthen faith. It includes book introductions and many articles from popular youth leaders and apologists on a wide variety of topics.
- McFarland, Alex. *Stand Strong in College*. Carol Stream, IL: Tyndale, 2007. While this book is for Christians in college, it would also be very helpful for a high school student. As you experience life and school, the three parts of this book will help you have a prepared heart, an unshakable faith, and a significant life that God wants for us. It also offers short answers to questions and helpful websites. 256 pp.
- McLaughlin, Rebecca. *10 Questions Every Teen Should Ask (and Answer) about Christianity*. Wheaton, IL: Crossway, 2021. Ten chapters address the mental and physical benefits of Christianity, diversity/racism, truth, the basis for morality, the Bible and Jesus' resurrection, science, sex, transgender identities, suffering and purpose, and heaven and hell. 208 pp.
- Mittelberg, Mark. *Confident Faith: Building a Firm Foundation for Your Beliefs*. Carol Stream, IL: Tyndale, 2013. Part One discusses and analyzes six "paths" to faith; Part Two offers 20 "arrows of truth" from science, logic, the Bible, history, and experience. Part Three addresses 10 "barriers" to belief.
- Mittelberg, Mark. *The Reason Why Faith Makes Sense*. Carol Stream, IL: Tyndale House, 2011. A small book that deals with questions about faith, God, the Bible, our accountability to God, Jesus, and God's forgiveness. 135 pp.
- Opitz, Donald and Derek Melleby. *Learning for the Love of God: A Student's Guide to Academic Faithfulness*. Grand Rapids, MI: Brozos Press, 2014. While written for college students, this is very readable and relevant for high school Christians. It helps students see the connection between their faith and their study, and it challenges Christians to live a Christian worldview in the context of other ways of life. 146 pp.

- Powell, Doug. *Holman Quicksource Guide to Christian Apologetics*. Nashville, TN: Holman Reference, 2006. A book packed with much information in an attractive and colorful layout with many pictures. It talks about “apologetics” (giving a defense of the Christian faith), considerations about God’s existence, the origin of the New Testament, the reliability of the Old and New Testament, miracles, prophecy, Jesus’ resurrection, who Jesus was, and the problem of evil. 403 pp. Kindle price has been as low as \$2.99.
- Ridenour, Fritz. *So What’s the Difference? A Look at 20 Worldviews, Faiths, and Religions and How They Compare to Christianity*. Updated and Expanded Version. Ventura, CA: Regal Books, 2001. The four main parts offer a good introduction to biblical Christianity; other trunks of the Christian tree (Catholicism and Eastern Orthodoxy); other major religions (Judaism, Islam, Hinduism, Buddhism); and various cults and new religions. 260 pp.
- Strobel, Lee. *The Case for Christianity Answer Book*. Grand Rapids, MI: Zondervan, 2014. Provides responses to 60 important questions about the Christian faith in a Q & A format. Sections deal with seeking spiritual answers, God, the Bible, Jesus, Other challenges to faith, and turning answers into action. Strobel is a former atheist and reporter for the *Chicago Tribune* who has become a well-known Christian author and speaker. 224 pp.
- Wallace, J. Warner. *Person of Interest: Why Jesus Still Matters in a World that Rejects the Bible*. Grand Rapids, MI: Zondervan, 2021. A comprehensive case for why Jesus is worth our interest and our commitment. Wallace is a cold-case homicide expert who has appeared on cases on truTV (Court TV) and NBC’s “Dateline.”
- Wallace, J. Warner. *God’s Crime Scene: A Cold-Case Detective Examines the Evidence for a Divinely Created Universe*. Colorado Springs, CO: David C. Cook, 2015. Wallace applies his cold-case methods to the origins of the universe.
- Wallace, J. Warner. *Cold-Case Christianity: A Homicide Detective Investigates the Claims of the Gospels*. Colorado Springs, CO: David C. Cook, 2013. Wallace uses his nationally recognized skills as a homicide detective to look at the evidence and eyewitnesses behind Christian beliefs. Including stories from his career and the visual techniques he developed in the court room, Wallace uses illustrations to examine the powerful evidence that validates the claims of Christianity.
- White, James Emery. *A Mind for God*. Downers Grove, IL: InterVarsity, 2006. A relatively small book that’s a great place to start in being challenged to develop and use your mind for God.
- Whorton, Mark and Hill Roberts. *Holman QuickSource Guide to Understanding Creation*. Nashville, TN: Holman Reference, 2008. Packed with much information in an attractive and colorful layout with many pictures, this offers a basic overview of different perspectives. Parts devoted to ancient stories; revelation; the creation week; Eden, the Fall, and Flood; Genesis and the age of the earth; science and the age of the earth; six impossibilities (e.g., in philosophy, physics, astronomy, chemistry); apes and human ancestry; and 21st century views of creation.

WEBSITE RESOURCES

- <http://www.arn.org>. Access Resource Network website that is full of resources on science, evolution, and intelligent design. It gives convenient access to many who argue for the need of some kind of intelligence to explain the origin of the universe and life, and it includes links to many YouTube videos.
- <http://www.apologetics315.com>. “The vision of Apologetics 315 is to provide educational resources for the defense of the Christian faith, with the goal of strengthening the faith of believers and engaging the questions and challenges of other worldviews. By providing an accessible and growing repository of teaching materials, as well as providing a means of networking within the apologetics community, we hope to be a significant educational resource for churches, campus groups, and Christians around the world.”

<http://coldcasechristianity.com>. J. Warner Wallace, a cold-case homicide detective defends Christianity.

<https://www.crossexamined.org>. Started in 2006, this ministry “I Don’t Have Enough Faith to Be An Atheist” seminars on college campuses, churches, and high schools. It is headed by Frank Turek, co-author with Norman Geisler of the book, *I Don’t Have Enough Faith to be an Atheist*.

<http://www.garyhabermas.com>. Website of Gary Habermas, a Christian scholar who provides “a strong argument for the philosophical possibility of miracles and the historicity of the resurrection of Jesus.”

<https://www.johnlennox.org>. John Lennox is an Oxford mathematician and a notable Christian figure in issues pertaining about Christianity and science.

<https://www.josh.org>. A website of Josh McDowell, a prominent Christian author and speaker who addresses key questions about Jesus, the Bible, the resurrection of Christ, etc. Includes links to many videos.

<http://www.leestrobels.com>. Website of former atheist and former *Chicago Tribune* reporter, Lee Strobel, who is now a popular Christian apologist and author. The site includes a number of videos.

<http://oneminuteapologist.com>. The website features short videos on a variety of important topics for Christians (e.g., Christianity, Bible Difficulties, Faith, Religion, Jesus, God, Atheism, Cults, Doctrine, Theology, Ethics, Science, Philosophy, World Religions).

<http://www.ratiochristi.org>. A Christian organization “encouraging and strengthening the faith of Christian students at universities around the world through the use of intellectual investigation and apologetics while sharing Christ's message and love to those that have yet to receive it.”

<http://www.reasonablefaith.org>. The website of William Lane Craig, a leading Christian apologist who has engaged in numerous debates with religious skeptics and atheists. Includes many written and media materials. Also offers a mobile app. Much of this material is “advanced,” but some is useful for younger Christians.

<http://www.reasons.org>. Reasons to Believe website by Hugh Ross, a Christian astronomer who argues for the compatibility between biblical creation and a very old universe. Also offers a mobile app.

<http://www.richknopp.com>. Provides presentation resources by Dr. Rich Knopp, Director of Room For Doubt.

<https://www.roomfordoubt.com>. A website that offers a variety of resources to help adults and younger adults strengthen their Christian faith and deal with sincere questions and doubts. The website includes stories of doubt, questions of faith, finding faith for myself, and finding God in the now; and users can submit questions. Video resources are also available on YouTube and Vimeo.

<https://www.str.org>. “Stand to Reason trains Christians to think more clearly about their faith and to make an even-handed, incisive, yet gracious defense for classical Christianity and classical Christian values in the public square.”

<https://www.summit.org>. Summit offers many online resources, conferences for 16-25 year olds, and various curriculum materials to help Christians engage culture with a biblical worldview. In its curriculum section, it provides a “high school worldview test.”

<http://www.thepoachedegg.net>. The Poached Egg is Ratio Christi’s Christian worldview and apologetics website. Led by Greg West, it compiles a wide array of apologetics resources from a variety of Christian thinkers and from other websites. It functions as a great doorway to access a number of valuable materials, including audio/video. It even keeps track of discounted Kindle books on Christian apologetics.

VIDEO RESOURCES

Faith, Doubt, and Worldview Conflicts

“What’s Your Worldview?” (3:40 by Impact 360). <https://www.impact360institute.org/videos/whatsyourworldview/>.

“Why Do You Still Believe?” (6:31 by Room For Doubt). A grandson asks his grandpa why he still believes in God and Christianity. It presents six considerations for why anyone should consider (or reconsider) the basic truth claims of the Christian worldview: meaning, mortality, morality, matter, living matter, and the Messiah. <https://vimeo.com/327406232>.

The Universe, God, & Science

“John Lennox: Can Science Explain Everything?” (2:48). A video trailer for Lennox’s book, *Can Science Explain Everything* (2019). <https://youtu.be/-qyjmkRphk0>.

“The Kalam Cosmological Argument.” (4:12 by Reasonable Faith). <https://www.youtube.com/watch?v=6CulBuMCLg0&list=PL3gdeV4Rk9Efl-NyraEGXXwSjDNeMaRoX&index=3>.

“The Fine-Tuning of the Universe.” (6:22 by Reasonable Faith). <https://www.youtube.com/watch?v=EE76nwimuT0&list=PL3gdeV4Rk9Efl-NyraEGXXwSjDNeMaRoX&index=4>.

“The Moral Argument.” (5:01 by Reasonable Faith). <https://www.youtube.com/watch?v=OxiAikEk2vU&list=PL3gdeV4Rk9Efl-NyraEGXXwSjDNeMaRoX&index=5>

“Science Uprising.” A series of short videos that address significant claims often made in the name of science pertaining to Reality, Mind, DNA, Fine Tuning, Origin of Life, Mutations, and Human Evolution. Produced by Discovery Institute’s Center for Science and Culture. <https://scienceuprising.com>.

“Information Enigma: Where Does Information Come From?” (20:59 by Discovery Science). <https://youtu.be/aA-FcnLsFIg>.

“God vs. Atheism: Which is More Rational?” presented by Peter Kreeft at PragerU. (4:27) <https://www.prageru.com/video/god-vs-atheism-which-is-more-rational/>

“How a Dice Can Show that God Exists?” (4:31 by Justin Brierley and Premier On Demand). <https://youtu.be/yy6kaDaeDT8>.

“Donall and Conall Meet Richard Dawkins.” (4:58 by LutheranSatire). This is an animated satirical encounter with Richard Dawkins and his atheism. <https://www.youtube.com/watch?v=0d4FHHf00pY>.

“Is Homology Evidence for Evolution?” (7:59) by Long Story Short. Addresses the question of whether “homology” (similar structures among various living things) is best explained by Darwinism (common descent) or by common design. <https://www.youtube.com/watch?v=IkIgdKlwGhQ&t=10s>.

Jesus

“Who Did Jesus Think He Was?” (6:35). <https://www.youtube.com/watch?v=sSQDov6NNp0&list=PL3gdeV4Rk9Efl-NyraEGXXwSjDNeMaRoX&index=9>.

“Horus Ruins Christmas.” (5:06 by LutheranSatire). An animated satire that responds to the claims that Christian beliefs about Jesus are copied from various ancient myths (e.g., Horus, Mithras). <https://www.youtube.com/watch?v=s0-EgjUhrqA>.

“How Can Jesus Be the Only Way?” (5:19 by Reasonable Faith). <https://youtu.be/RRyq6RwzIEM>.

“Did Jesus Rise from the Dead: Part One: The Facts.” (6:42 by Reasonable Faith). <https://www.youtube.com/watch?v=4qhORMhUKIo>.

“Did Jesus Rise from the Dead: Part Two: The Explanation.” (6:46 by Reasonable Faith). <https://www.youtube.com/watch?v=6Sbj4p6WiZE>

“Did Jesus Rise from the Dead?” (4:29 from Impact 360). https://www.youtube.com/watch?v=fwXx_EQuQdQ.

Meaning, Evil, and Suffering

“Is There Meaning to Life?” (5:38 by Reasonable Faith). https://www.youtube.com/watch?v=NKGnXgH_CzE&list=PL3gdeV4Rk9Efl-NyraEGXXwSjDNeMaRoX

“Suffering and Evil: The Logical Problem.” (4:47 by Reasonable Faith).

<https://www.youtube.com/watch?v=k64YJYBUFLM&list=PL3gdeV4Rk9Efl-NyraEGXXwSjDNeMaRoX&index=7>.

“Suffering and Evil: The Probability Version.” (8:19 by Reasonable Faith).

<https://www.youtube.com/watch?v=cxj8ag8Ntd4&list=PL3gdeV4Rk9Efl-NyraEGXXwSjDNeMaRoX&index=8>.

“God and Suffering” presented by Peter Kreeft. (4:50 by PragerU). <https://www.prageru.com/video/god-and-suffering/>.

The Bible

“Is It Okay to Question the Bible?” (3:34 by Impact 360). <https://www.youtube.com/watch?v=mvDS3k9NXgo>.

Tolerance

“Are You Tolerant? (Quiz)” (4:35 by Impact 360). <https://www.youtube.com/watch?v=Rt8bjyiUAhY>. Does truth exist & can you know it? Is truth relative? How tolerant are you? Find out by taking this short quiz at www.impact360institute.org/videos/tolerancequiz.